

**ARUN PRASAD, MS, FRCS, FRCSEd**  
**SENIOR CONSULTANT SURGEON**  
**MINIMAL ACCESS AND BARIATRIC SURGERY**  
**APOLLO HOSPITAL, NEW DELHI, INDIA**



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## **QUALIFICATIONS**

MB BS (1983)	Armed Forces Medical College, University of Poona, India
MS Surgery (1988)	Maulana Azad Medical College, University of Delhi, India
FRCS (1990)	The Royal College of Surgeons, Edinburgh, U.K.
FRCS (1990)	The Royal College of Surgeons, Glasgow, U.K.

## **REGISTRATION**

Medical Council of India	Permanent Registration (4669 - 1985)
General Medical Council, U.K.	Permanent Registration (4059345- 1993)

## **PRESENT ATTACHMENTS**

**Since Jan 1995** Senior Consultant Surgeon, Minimal Access, General, Gastro-intestinal & Bariatric Surgery, Apollo Hospital , New Delhi ( India's largest corporate hospital and the 1<sup>st</sup> JCI accredited)

## **PAST ATTACHMENTS**

- Charing Cross & Westminster Medical School & associated teaching hospitals, London, UK.
- Maulana Azad Medical College and associated teaching hospitals, New Delhi, India

## **CLINICAL EXPERIENCE**

26 years of total experience. Senior Consultant for the last 16 years since Dec 1994. This was after 10 years on various posts in India (4 years) and United Kingdom (6 years). Involved with Laparoscopic Surgery from the time it started in the UK. Belongs to the first generation of laparoscopic surgeons One of the first in the UK to be doing Laparoscopic Cholecystectomy and Hernia repair on day case. One of the first surgeons internationally to be doing Minimally Invasive Piles Surgery (Stapled Hemorrhoidectomy), Endoscopic Thoracic Sympathectomy for Hyperhidrosis of Palms and Axilla and Single Incision Laparoscopic Surgery (SILS)

Experience of over 7000 laparoscopic surgeries that include over 5000 laparoscopic

cholecystectomy, over 1000 laparoscopic hernia surgery and rest advanced laparoscopic surgery including Thoracoscopic and Bariatric Surgery.

*Have the privilege to have done the **World's first laparoscopic operation** for:*

1. Cholecysto-colic fistula ( Bedford Hospital , UK, Mar 1994)
2. Hydatid cyst of the lung ( Batra Hospital, New Delhi, Jan 1995)

One of the largest series of Endoscopic Thoracic Sympathectomy for Hyperhidrosis of Palms & Laparoscopic Hernia repairs in the country. Personally devised technique accepted and acknowledged in British Journal of Surgery since 1994.

Bariatric Surgery for weight loss including Gastric Banding, Roux en Y Gastric Bypass, Sleeve Gastrectomy and Mini Gastric Bypass.

Other advanced Laparoscopic and Thoracoscopic operations include Common Bile Duct exploration, Fundoplication, Highly Selective Vagotomy, Right and Left Hemicolectomy, Anterior and Abdomino-Perineal resection of Rectum, Rectopexy, Splenectomy, Adrenalectomy, Empyema and Thymus surgery.

## **ACADEMIC EXPERIENCE**

- Training surgeons and starting Laparoscopic Surgery unit at Lincoln Hospital, UK
- Tutor for Minimal Access Surgery in the Basic Surgical Skills course for FRCS held by The Royal College of Surgeons and Royal College of Obstetricians and Gynaecologists, UK.
- Examiner for MRCS for The Royal College of Surgeons, UK
- Teacher & Faculty for DNB ( Diplomate National Board ), post graduate training in Surgery approved by Government of India.
- Executive Council Member of IAGES & Teacher in Laparoscopic Surgery at - Ethicon Training Centre, Mumbai and New Delhi
- Invited Faculty member for Advanced Laparoscopic Training & Examination at AMASI, All India Institute of Medical Sciences, New Delhi
- Faculty member and part of organising team for Advanced Laparoscopic Training, Live workshop & Examination – FIAGES of Indian Association of Gastro Endoscopic Surgeons.
- Invited Surgeon & Faculty member to do Laparoscopic Surgery for Hernia at Leelawati Hospital & Jaslok Hospital, Mumbai, Jaipur and Jammu.
- Invited Surgeon & Faculty member for Thoracoscopy at King George Medical College, Lucknow
- Invited Faculty member and moderator during Bariatric Surgery Workshops at All India Institute of Medical Sciences, New Delhi.
- Executive Council Member of OSSI affiliated to International Federation for the Surgery of Obesity (IFSO) & Faculty at National Bariatric Surgery Conferences.
- Trained surgeons from Jammu & Kashmir, Bihar, Jharkhand, Mumbai, Delhi, Pakistan, & Iraq in Minimal Access Surgery to set up Surgical Centres.
- Invited guest speaker at Medical Tourism Asia Conference, Singapore, 2007
- Invited guest speaker on Problems of Medical Tourism, at Europe Health Congress, Munich, Germany, 2008
- Invited guest speaker on Setting up Bariatric Surgery, Dubai 2008 & 2009, Kuala

- Lampur 2010.
- Joint Commission International (JCI) - Hospital Executive Briefings with new, expanded formats at Lisbon, Portugal, 2007
- Faculty and part of organizing committee of ASICON 2010, New Delhi

## **PUBLICATIONS ( Important ones )**

1. *Changes in mammographically normal opposite breast in patients of breast cancer* British Journal of Cancer (1989; , 235)
2. *Low cost laparoscopic cholecystectomy* British Journal of Surgery (1994; 81, 1547)
3. Prasad A, Avery C, Foly RJ. Abdominal wall metastases following laparoscopy. Br J Surg 1994;81:1697.
4. *Laparoscopic treatment of cholecystocolic fistula* British Journal of Surgery (1994; 81, 1789-90)
5. *Laparoscopic Management of Intra-abdominal fistulae* Minimally Invasive Therapy (1994,3:1,66)
6. *Laparoscopy in the management of Crohn's disease* Minimally Invasive Therapy (1994,3:1,68)
7. *Exacerbation of groin hernias after laparoscopy* Surgical Laparoscopy and Endoscopy (1995; 5, 155-6)
8. *Simplifying mesh placement during laparoscopic hernia repair* British Journal of Surgery (1995; 82, 642).
9. *Day case laparoscopic cholecystectomy: a safe and cost effective procedure.* Eur J Surg. 1996 Jan;162(1):43-4
10. *Laparoscopy in the diagnosis and management of Crohn's disease.* Laparoendosc Adv Surg Tech A - 1998 Feb; 8(1): 39-46
11. *Laparoscopic treatment of cholecystogastric fistula.* Surgical Laparoscopy and Endoscopy (2001; 4, 125-6)
12. *Video Assisted Thoracic Surgery,* In, Comprehensive Laparoscopic Surgery. Ed. Kriplani A, Bhatia P, Prasad A, et al. 2007.
13. *Endoscopic thoracic sympathectomy for hyperhidrosis: Technique and results.* J Min Access Surg 2008;4:23. On line at <http://www.ncbi.nlm.nih.gov/pubmed/19547670>
14. *Thoracoscopic splanchnicectomy as a palliative procedure for pain relief in carcinoma pancreas.* J Min Access Surg 2009;5:37-9. Online at <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2734898/>
15. *Laparoscopic splenectomy in a case of blunt abdominal trauma.* J Min Access Surg 2010;5:78-81. Available from: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2822176/>
16. *Single incision laparoscopic surgery (SILS)* World J Gastroenterol 2010 June 7; 16(21): 2705-2706. Online at <http://www.ncbi.nlm.nih.gov/pubmed/20518097>
17. *Endoscopic thoracic sympathectomy for primary palmar hyperhidrosis.* Surg Endosc 2010; 24;8:1952-1957. Online at <http://www.ncbi.nlm.nih.gov/pubmed/20112111>
18. *Preoperative Prediction - Difficult Laparoscopic Cholecystectomy.* Indian Journal of Surgery: 2010; 72 (6): 488. Online at <http://www.springerlink.com/content/yq93x7160680037k>
19. *Laparoscopic vagotomy with gastrojejunostomy for corrosive pyloric strictures.* J Indian Assoc Pediatr Surg 2011;16:34-5. Available from: <http://www.jiaps.com/text.asp?2011/16/1/34/74523>
20. *Post operative pain after cholecystectomy: conventional laparoscopy versus single incision laparoscopic surgery.* J Min Access Surg 2011;7:24-7. Online at <http://www.journalofmas.com/text.asp?2011/7/1/24/72370>

## **HOBBIES**

Travel, photography, trekking, mountain climbing, water sports, cricket and computers. Designed own website in 1997 – [www.surgerytimes.com](http://www.surgerytimes.com)